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Mathematics Teachers' Perceptions of Soft Skills Integration in Mathematics Teaching and Learning in Secondary Schools in Mazabuka District, Zambia

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Abstract. Mathematics teachers' perceptions of soft skills integration are key to ensuring students' soft skills development. The present study investigated perceptions regarding the integration of soft skills in teaching and learning mathematics in Mazabuka District in Zambia. Ninety-one teachers, who were selected purposively, completed a questionnaire and a test on the integration of soft skills in teaching and learning mathematics. Frequencies, means, and standard deviations were calculated, and independent sample t-test and analysis of variance (ANOVA) were used to analyze the data. The findings are that mathematics teachers had a positive perception of soft skills integration in mathematics and believed that incorporating soft skills in teaching and learning mathematics was important. Furthermore, the results reveal that mathematics teachers' gender and age, the type of school where they taught, their experience and level of education did not influence their perceptions of soft skills integration in mathematics teaching and learning in Zambian secondary schools.

Keywords: mathematics teachers; perceptions; soft skills integration; importance of soft skills; mathematics; secondary schools

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1. Introduction

1.1. Background to the Problem

Globally, there is a demand for the holistic development of students - for socalled soft and technical skills to be developed equally to enable students to adapt to a society that is gradually becoming more complex (Solórzano et al., 2018). Soft skills are described as the "intra- and interpersonal skills vital for personal development, social participation, and workplace success" (Quieng et al., 2015). Sharma (2009) and Agcam and Dogan (2021) describe soft skills as survival skills, which include teamwork, negotiation, communication, problemsolving, time management, interpersonal skills, and emotional intelligence. Soft skills are needed for various activities, and influence how people work or interact with others. DiMartino and Castaneda (2007) articulate that soft skills, as communication, time-management, problem-solving, such personal accountability, critical thinking, and collaboration, are among the requirements for employment seekers. Soft skills are considered to be key attributes that differentiate job aspirants with the same technical expertise, in all fields of work (Sutton, 2002) and "have proven to be determinant in teachers' educational action" (Fernandes et al., 2021).

Soft skills integration in teaching and learning is a component of the outcomebased curriculum adopted by the Curriculum Development Centre (CDC), which is an institution mandated to develop the curriculum for preprimary, primary and secondary schools in Zambia (CDC, 2013a). Since the Zambian curriculum requires the incorporation of soft skills in teaching and learning, teachers' perceptions of the integration of these skills in mathematics is vital. Various studies have found that the teacher's perceptions of soft skills integration in teaching and learning of mathematics could influence student learning (Rini & Prabawanto, 2021). According to Calhoun (2019), several researchers submit that "teachers are the keys to improving student achievement in mathematics and identify teacher perception as an essential factor at the core of teaching and learning" (p. 1). If teachers hold positive perceptions of soft skills, it might contribute to developing students' critical thinking, problemsolving skills, collaboration, and teamwork, and improve their performance in mathematics. Gibb (2014) argues that equipping students with soft skills is likely to not only empower them, but also to reinforce their growth, participation in learning and employment success.

Based on the above, this study endeavored to establish mathematics teachers' perceptions of soft skills integration, as teacher perception is key to ensuring that students' soft skills are developed. The other underlying principle of this study was to investigate mathematics teachers' perceptions of the importance of integrating soft skills in mathematics lessons, and the factors that are associated with teachers' perceptions. This study was, therefore, needed, as it investigated what teachers think about soft skills integration and its importance in teaching and learning mathematics. As far as the researchers were aware, no study on this topic has been conducted in Zambian schools.

2. Literature Review

2.1 Teachers' perceptions of soft skills integration in secondary schools

Mathematics teachers' perceptions are key to ensuring that the soft skills that are reflected in the 2013 revised curriculum, such as collaboration, critical thinking, communication, self-management, entrepreneurship, and creativity and innovation (CDC, 2013b), are integrated in mathematics. Emmanuel and Frank (2020) conducted a study on teachers' perceptions of soft skills integration in secondary schools, to establish the perceptions of men and women of soft skills integration in teaching business studies. The study was conducted in Rivers State in Nigeria, and 262 business studies teachers participated. The mean, standard deviation and independent samples t-test were used to analyze the research questions. Their findings show no statistically significant differences between female and male teachers' perceptions of soft skills integration.

A study by Calhoun (2019) conducted in the southern part of the United States of America with a sample of 315 mathematics teachers concludes that teachers' perceptions of self efficacy might influence students' achievement. Calhoun objectively intended to establish mathematics teachers' perceptions of their own self-efficacy and the effects of these perceptions on their professional performance in the roles they execute. The sample in Calhoun's study was a mixture of two levels of learning: 39 teachers taught in secondary schools and 279 taught in primary schools. The same conclusion was reached by Minarni et al. (2018) in a study conducted in Yogyakarta, Indonesia, which involved descriptive statistics, independent samples t-test and one-way ANOVA (analysis of variance) for reviewing and synthesising different studies. The study focused on exploring mathematics teachers' perceptions and how it impacts on their teaching practice.

In turn, a study by Susilawati et al. (2020), also in Yogyakarta, Indonesia, surveyed 100 science teachers drawn from junior secondary schools, and reports that soft skills acquired during the learning process are indispensable characteristics that impact significantly on students' achievement. Furthermore, teachers' perceptions of the importance of soft skills are a precursor to successful soft skills integration in teaching and learning processes. Failure to realize this phenomenon could be an impediment to soft skills development in students (Susilawati et al., 2020).

Furthermore, Free (2017) examined the perceptions of 125 secondary school agricultural science teachers in Alabama of the importance of soft skills integration into curriculums, and found that teachers had positive perceptions, with a mean score of \geq 4.75. It was found that the agricultural science teachers integrated soft skills into their teaching and learning. The participants indicated that soft skills were important, by responding on a 5-point Likert scale that ranged from not important to extremely important; the mean score was \geq 4.22 (Free, 2017).

Kobalia and Garakanidze (2010) acknowledge that students with soft skills contribute effectively to the development of their societies. This is because students can be creators and innovators of new ideas, in addition to being able to

collaborate, communicate, think critically, and manage themselves, among other soft skills (CDC, 2013c; Kenya Institute of Curriculum Development [KICD], 2017; Rwanda Education Board [REB], 2015). Therefore, teachers' perceptions of the importance of soft skills have a bearing on how they integrate these skills in the teaching and learning of mathematics.

It has been found that demographic factors influence teachers' perceptions. In support of this finding, Baker et al. (2015) state that teacher characteristics, such as gender, type of school, age, level of education, and experience, have the potential to influence teachers' perceptions. Mailizar et al. (2021) examined teachers' knowledge in relation to demographic factors and found that there were significant differences in teachers' knowledge levels according to gender and education level; they found no significant differences between knowledge levels and teaching experience and school level. Thus, this study examined the relationship between mathematics teachers' demographic factors and their perceptions of soft skills integration. This study was necessary, due to its potential to uncover useful information, and because the reviewed studies had not been conducted in Zambia. There is a growing need to establish what mathematics teachers' perceptions of soft skills integration in mathematics is, particularly in secondary schools in Mazabuka District in Zambia.

3. Theoretical Framework

The social cognitive theory, particularly its concept of perceived self-efficacy, guided this study. Bandura (1997) defines perceived self-efficacy as beliefs or perceptions held by people regarding their perceptions of yielding chosen stages of performance that influence actions, which affect their lives. In other words, beliefs relating to self-efficacy influence how people think, feel, are motivated and, possibly, behave. Bandura's work suggests that one's belief in one's ability to alter one's behavior affects how one is motivated and, ultimately, whether one succeeds or fails. This theory is suitable for a study that intended to establish mathematics teachers' perceptions of soft skills integration, because, if mathematics teachers' perceptions are positive, it could influence positively the way they integrate soft skills in teaching and learning.

According to Bandura (1997), perceptions about one's capacity to positively impact one's situation influences how much effort one puts in, one's resilience to persist in the face of challenges and in dealing with failure, and how much stress or depression one experiences in dealing with demanding situations. Bandura's social cognitive theory emphasizes that human agency within a multi-directional model is purposive, constructive and planned (Cauce & Gordon, 2012). In other words, "It involves anticipating the effects of our actions, estimating our capabilities, regulating and initiating effort" (Cauce & Gordon, 2012, p. 3).

The motivations for and outcomes of our actions impact our influences, thoughts and behaviors (Flores, 2015). The concept of teachers' perceptions of disposition to adopt innovative teaching techniques has been associated with self-efficacy. In support of this notion, Darling-Hammond et al. (2002) state that "teachers' sense of efficacy and confidence about their ability to achieve teaching goals is significantly related to feelings of preparedness" (p. 295). It is the researchers' conviction that, if mathematics teachers' perceptions are positive, these perceptions could influence positively the way teachers integrate soft skills in mathematics teaching and learning, as expected (CDC, 2013a).

3.1 Research Questions

The following research questions guided the study:

- i. What perceptions do mathematics teachers have about soft skills integration in mathematics teaching and learning in Zambian secondary schools?
- ii. How important do mathematics teachers perceive the integration of soft skills in mathematics teaching and learning to be?
- iii. Is there a relationship between mathematics teachers' demographic factors, such as gender, type of school, age, level of education, and experience, and perceptions of soft skills integration in mathematics teaching and learning in Zambian secondary schools?

4. Methodology

4.1 Research Design

A sequential multi-phase design for the collection and analysis of data (Saunders et al., 2016), guided the study. This type of research design involves a process that acknowledges that mixed methods research designs are interactive, and that one phase directs and informs the collection and analysis of data in the next phase (Ridenour & Newman, 2008; Teddlie & Tashakkori, 2009).

4.2 Participants and their Demographic Factors

This study approached 91 mathematics teachers to participate, of whom 81 completed and returned the questionnaire, constituting a return rate of 85.3%. The mathematics teachers were purposively selected and drawn from secondary schools in the Mazabuka District in Zambia. The demographic factors of mathematics teachers are presented in Table 1.

Factors	Description	Frequency
Gender	Male	48 (59%)
Gender	Female	33 (41%)
Age (in years)	$25 \le X \le 34$	35 (43%)
	$35 \le X \le 54$	46 (57%)
Type of school where	Non-public schools	44 (54%)
participants were teaching	Public schools	37 (46%)
Education local of monticipants	Diploma	45 (56%)
Education level of participants	Degree	36 (44%)
Teaching experience	≤10	44 (54%)
(in years)	>10	37 (46%)

 Table 1: Frequencies and percentages of demographic factors of mathematics teachers who completed a survey questionnaire (n=81)

The gender of mathematics teachers, as explained in Table 1, was reported as 48 (59%) male and 33 (41%) female. The ages of mathematics teachers who participated in the study ranged from 25 years to 54 years. The majority of these participants were in the age range 35 to 54 years (n= 46; 57%). The study took place at two types of schools, namely non-public and public. The teaching experience of mathematics teachers who participants had maximum 10 years of experience teaching mathematics.

4.3 Research Instruments

To identify mathematics teachers' perceptions about soft skills integration in the teaching of mathematics at secondary school, they were asked to complete a self-reporting questionnaire and a test. The items included in the questionnaire were adapted from the scales used by other researchers in four different studies, as illustrated in Table 2.

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Author	Study Title	Items Adapted	Validation/ Reliability				
Yarkwah (2020)	"Mathematics teachers' beliefs, their instructional practices and its effects on students' academic performance" (p. 1).	Teachers' beliefs	Cronbach's alpha 0.77				
(Minarni et al., 2018)	"Mathematics teachers' beliefs" (p. 1).	Problem- solving and creativity	Synthesized various scales using a method of narrative reviews				
Hoy and Spero (2005)	"Changes in teacher efficacy during the early years of teaching comparison of four measures" (p. 343).	Innovative teaching	Cronbach's alpha 0.76				
Umugiraneza et al. (2017)	"Teachers' practices in teaching Mathematics and Statistics" (p. 1)	Teaching and assessment	Used qualitative analysis to examine the types of teaching and assessments strategies				

Table 2: Items in the Scale Adapted from Four Studies

Table 2 shows the items of the questionnaire, which were answered by means of a 5-point Likert scale. The items of the test, which enquired about mathematics teachers' perceptions of the importance of soft skills, were developed according to the standards set for learning and innovation skills, developed by the Partnership for 21st Century Learning (P21) (Global Partnership for Education [GPE], 2020; Partnership for 21st Century, 2009). The learning and innovation skills in the *Framework for 21st Century Learning* are creativity and innovation, critical thinking, communication, problem-solving and collaboration. These skills were assessed in a conceptual understanding test, and the findings were used to establish the extent to which mathematics teachers perceived communication, problem-solving, collaboration, critical thinking, and creativity and innovation to be important.

4.4 Validity and Reliability of the Instruments

The researcher and other experts in the field of mathematics education determined the face validity of the measuring scale. After the face validation, the instrument was piloted among mathematics teachers. According to Creswell (2014), an instrument is valid when it measures what it intends to measure. The reliability of the items that were used to establish mathematics teachers' perceptions of soft skills integration, was found to have an acceptable internal consistency – the Cronbach's alpha coefficient was 0.851.

4.5 Data Analysis

Different methods were used to analyze and interpret the data that were collected. The Statistical Package for Social Sciences (SPSS) (IBM Corp., 2015) was used to derive frequencies, means, standard deviations, sample *t*-test and analysis of variance (ANOVA). First, a normality test was conducted on the data gathered from the questionnaire; the results are as shown in Table 3.

Table 3: Norma	lity Test Results
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	Kolmog	Kolmogorov-Smirnov ^a			Shapiro-Wilk			
	Statistic	Df	Sig.	Statistic	df	Sig.		
Mathematics teachers' perceptions of soft skills integration	.091	81	.093	.972	81	.076		

^a Lilliefors significance correction

Table 3 indicates the results of the normality test with Kolmogorov-Smirnov (p-value of .093) and Shapiro-Wilk (p-value .076). The significance values are greater than .05. Thus, we can conclude with confidence that our data are normally distributed. Furthermore, our data cluster around the trend line, as can be seen on the Q-Q plot indicated in Figure 1.

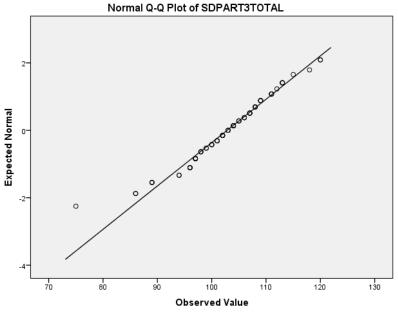


Figure 1: Normal Q-Q plot for Mathematics Teachers' Perceptions of Integration of Soft Skills

Figure 1 offers further evidence that the distribution was normal and that, at least, the criterion for parametric statistical testing was satisfied.

5. Findings

5.1 Mathematics Teachers' Perceptions of Soft Skills Integration in Mathematics Teaching and Learning

To respond to research question 1, which aimed to establish perceptions of mathematics teachers in relation to soft skills integration in mathematics teaching and learning in Zambian secondary schools, a 5-point Likert scale was used. Table 4 reports on the frequencies, percentages, means (M) and standard deviations (SD) of the mathematics teachers' perceptions of soft skills integration in mathematics teaching and learning. In Table 4. **SD**, **D**, **U**, **A** and **SA** represent Strongly Disagree, Disagree, Uncertain, Agree and Strongly Agree, respectively.

 Table 4: Mathematics Teachers' Perceptions about Soft Skills Integration in

 Mathematics Teaching and Learning (n=81)

CN	Chakamant			Freque	ency		Μ	SD
SN	Statement -	SD	D	U	A	SA		
1	Facilitating class discussions allows soft skills integration			8 (10%)	39 (48%)	34 (42%)	4.32	0.65
2	It is a teachers' role to support students' growth in collaborative skills			4 (5%)	45 (55%)	32 (40%)	4.35	0.57
3	Providing students with problem-solving situations to investigate in small groups enhances collaborative skills		2 (3%)	5 (6%)	38 (47%)	36 (44%)	4.33	0.71
4	Using cooperative learning approaches is key to developing soft skills		3 (4%)	10(12%)	46 (57%)	22 (27)	4.07	0.74
5	Mathematics supports students' growth in critical thinking/ problem- solving			6 (7%)	21 (26%)	54 (67%)	4.59	0.63
6	Mathematics content must be presented in the correct sequence		1 (1%)	4 (5%)	38 (47%)	38 (47%)	4.40	0.65
7	Students learn actively through finding solutions independently of mathematical problems provided by teachers		1 (1%)	9 (11%)	46 (57%)	25 (31%)	4.17	0.67
8	Mathematics involves problem solving, figuring out relationships, and patterns			3 (4%)	39 (48%)	39 (48%)	4.44	0.57
9	Teachers facilitate students' communication in mathematics		2 (3%)	9 (11%)	49 (61%)	21 (26%)	4.10	0.68

10	Learning is enhanced when students explain and demonstrate their solutions to others		1 (1%)	4 (5%)	32 (40%) 44 (54%)	4.47	0.65
11	Using media supports teaching and learning of mathematics	3(4 %)	4 (5%)	14(17%)	42 (52%) 18 (22%)	3.84	0.95
12	Teachers support students' growth in communication skills		3 (4%)	5 (6%)	51 (63%) 22 (27%)	4.14	0.68
13	Mathematics involves creativity and new ideas that can be tried	1 1%)	2 (3%)	8 (10%)	30 (37%) 40 (49%)	4.31	0.85
14	independently Students should be given the opportunity to think independently about mathematics problems before the teacher shows how to solve them	1(1 %)	3 (4%)	2 (3%)	28 (35%) 47 (58%)	4.44	0.82
15	Mathematics teaching should assist students to develop an attitude of inquiry (asking questions, being curious about solutions)			2 (3%)	33 (41%) 46 (57%)	4.54	0.55
16	Teachers support students' growth in creative and innovative skills			3 (4%)	43 (53%) 35 (43%)	4.40	0.56
17	Mathematical content is best presented in an expository style: demonstrating, explaining and describing concepts and skills		3 (4%)	5 (6%)	39 (48%) 34 (42%)	4.28	0.75
18	Teachers can integrate soft skills in mathematics using problem-based learning		1 (1%)	9 (11%)	37 (46%) 34 (42%)	4.28	0.71
19	Teachers should determine the soft skills needs of their students		2 (3%)	11(14%)	41 (51%) 27 (33%)	4.15	0.74
20	Incorporating inquiry- based learning allows soft skills integration		1 (1%)	17(21%)	42 (52%) 21 (26%)	4.02	0.72
21	Teachers can assess students' growth in collaborative skills			12(15%)	52 (64%) 17 (21%)	4.06	0.60
22	Teachers can assess students' growth in critical thinking/ problem- solving			4 (5%)	33 (41%) 44 (54%)	4.49	0.59

23	Teachers can assess students' growth in creative and innovative skills	3 (4%) 51 (63%) 27 (33%) 4.3	0 0.53
24	Teachers can assess students' growth in communication skills	6 (7%) 43 (53%) 32 (40%) 4.3	2 0.61

Analysis of mathematics teachers' perceptions of soft skills integration, as measured by the 24 statements listed in Table 4, exposed high mean scores, on average between $M \ge 3.84$ and $M \le 4.59$. All the items had mean scores above 4, except item 11 (Using media supports teaching and learning of mathematics), which had a mean score of 3.82. This item's mean score was lower than that of other items due to teachers and students at most Zambian schools lack adequate access to information and communication technology (ICT) tools. This conclusion is confirmed by a recent study by Mukuka et al. (2021), who report that there is a need to improve the infrastructure of the Zambian education system, so that it can support the use of media for learning and teaching mathematics teachers at Zambian secondary schools have positive perceptions of soft skills integration in mathematics teaching and learning.

5.2 Mathematics Teachers' Perceptions on the Importance of Soft Skills Integration in Mathematics teaching and learning

To respond to research question 2, the study explored and analysed mathematics teachers' perceptions on the importance of soft skills integration in mathematics teaching and learning. Once again, a 5-point Likert scale with values that ranged from not important (1) to extremely important (5) was used in the conceptual understanding test that was administered to 91 mathematics teachers in Mazabuka District in Zambia. Table 5 reports the frequencies, percentages, means and standard deviations of mathematics teachers' perceptions on the importance of soft skills integration in mathematics in secondary school. In Table 5, **NI**, **MBI**, **I**, **MI** and **EI** represent Not Important, Maybe Important, Important, More Important and Extremely Important, respectively.

Importance of students possessing the following	Description							
abilities in mathematics		NI	MBI	Ι	MI	EI	Μ	SD
a) The students' ability to work effectively in groups/in pairs/or as a whole class in order to achieve group goals in a mathematics lesson	Collaboration		1 (1%)	9 (10%)	25 (28%)	56 (62%)	4.49	0.72
b) The students' ability to find ffective solutions to problems using different approaches to rrive at the correct solutions o a mathematical problem	Problem-solving	1(1%)	4 (4%)	5 (6%)	31 (34%)	50 (55%)	4.37	0.86
c) The students' ability to present mathematical concepts in written or verbal form to a group, class or in speaking to peers.	Communication		1 (1%)	11 (12%)	24 (26%)	55 (50%)	4.46	0.75
d) The students' ability to initiate mathematical ideas and concepts that translate into new knowledge and/or ideas	Creativity and innovation		4 (4%)	2 (2%)	33 (36%)	52 (57%)	4.46	0.75

Table 5: Mathematics Teachers' Perceptions of the Importance of Soft Skills Integration in Mathematics Teaching and Learning (n=91)

Table 5 reports on mathematics teachers' perceptions of the importance of soft skills integration in mathematics. The items numbered (c) and (d) both had mean scores of \geq 4.46. Item numbered (a) had the highest mean score (4.49), while item numbered (b) had the lowest mean score (4.37). The high mean scores suggest that mathematics teachers believe that soft skills integration in mathematics is important. These results confirm the findings of Free (2017), who found that agriculture teachers who participated in a study perceived soft skills to be very important – in this study the mean score was 4.22.

5.3 Relationship between Mathematics Teachers' Demographic Factors and their Perceptions about Soft Skills Integration

The study also investigated whether mathematics teachers' demographic factors, specifically, gender, type of school, age, level of education and experience, influenced their perceptions of soft skills integration in mathematics teaching and learning in Zambian secondary schools. To establish this relation, the researcher conducted two parametric tests, namely independent sample t-test and analysis of variance (ANOVA).

5.3.1 Independent sample t-test to compare male and female mathematics teachers' scores on perceptions of soft skills integration

An independent-samples t-test was conducted to compare the male and female mathematics teachers' scores on perceptions about soft skills integration in mathematics teaching and learning in Zambian secondary schools. The t-test results are displayed in Table 6.

1				0	``	,
Gender	Ν	M	SD	t	df	р
				.734	79	.465
Male	48	103.35	5.49			
Female	33	102.06	10.28			
Total	81					

Table 6: Independent Sample t-test Comparing Male and Female MathematicsTeachers' Scores on Perceptions Towards Soft Skills Integration (n=81)

Table 6 reveals that there were no significant differences between mean scores for male mathematics teachers (M = 103.35; SD = 5.49) and female mathematics teachers, (M = 102.06; SD = 10.28) regarding their perceptions of soft skills integration in mathematics teaching and learning in Zambian secondary schools, t (79) = .734, p = .465 (two-tailed) with reported Cohen's d= 0.2. The formula,

Cohen's
$$d = \frac{M_2 - M_1}{SD_{pooled}}$$
, where $SD_{pooled} = \sqrt{\frac{SD_1^2 + SD_2^2}{2}}$

was used to calculate the effect size for independent samples t-test (Thalheimer & Cook, 2002). This implies that gender did not affect the perceptions mathematics teachers had about soft skills integration in mathematics teaching and learning in Zambian secondary schools.

5.3.2 One-way ANOVA test on mathematics teachers' scores for perceptions of soft skills integration

Before conducting analysis of variance (ANOVA), the researcher ensured that assumptions, such as that the dependent variables were normally distributed for each group, that the observations were independent, and that the variances on the dependent variable were equal across groups, were satisfied (Morgan et al., 2011). A one-way between-group analysis of variance (ANOVA) test was conducted to explore mathematics teachers' scores in relation to their perceptions of soft skills integration in mathematics teaching and learning in Zambian secondary schools. Group variables were type of school where teachers were teaching, age, experience and qualification. The computed data are displayed in Table 7.

•	· · · ·						
Factors		Ν	Μ	SD	df	F	p
Type of school where	Non-public Schools	44	102.61	8.14	1	.072	.789
mathematics teachers were	Public schools	37	103.08	7.42	79		

Table 7: Mathematics Teachers' Scores on Perceptions Towards the Integration of Soft Skills for Four Group Variables (n=81)

teaching

	Total	81	102.83	7.77	80		
Age (in years)	25 ≤ X ≤ 34 35 ≤ X ≤ 54 Total	35 46 81	103.17 102.57 102.83	6.35 8.77 7.77	1 79 80	.120	.730
Mathematics teachers' education level	Diploma in Education Bachelor's Degree in Education Total	45 36 81	102.91 102.72 102.83	6.85 8.90 7.77	1 79 80	.012	.914
Experience (in years)	$1 \le X \le 10$ $11 \le X \le 30$ Total	44 37 81	102.03 103.00 102.62 102.83	6.99 8.71 7.77	1 79 80	.047	.829

One-way ANOVA results in Table 7 indicate that there were no statistically significant differences regarding mathematics teachers' scores on perceptions towards soft skills integration in Zambian secondary schools, and any of the four variables. The variables were the type of school where mathematics teachers were teaching (F(1, 79) = .072, p = .789), age of mathematics teachers (F(1, 79) = .120, p = .730), their education level (F(1, 79) = .047, p = .829) and their experience of teaching mathematics (F(1, 79) = .012, p = .914). The conclusion drawn from these results is that the type of school where mathematics teachers were teaching, teachers' ages, professional qualifications and experience did not influence the perceptions that teachers had of soft skills integration in the teaching and learning of mathematics at Zambian secondary schools.

The analysis of the results revealed that mathematics teachers had a positive perception of the integration of soft skills in teaching and learning of mathematics in Zambian secondary schools.

6. 6. Discussions and Implications

6.1 Mathematics Teachers' Perceptions of Soft Skills Integration in Mathematics

The analysis of the results reveals that mathematics teachers had a positive perception of the integration of soft skills in teaching and learning of mathematics in Zambian secondary schools. Their responses to the 24 statements of the questionnaire show a high mean score – between $M \ge 3.84$ and $M \le 4.59$. These results are similar to that of Free (2017), who found that secondary teachers had a very positive perception ($M \ge 4.75$) for the importance of integrating soft skills into curricula. Similarly, a study by Subramaniam (2013) found that teachers were aware of the importance of soft skills integration in the teaching and learning process. Furthermore, mathematics teachers' positive perceptions of soft skills integration in mathematics teaching and learning could influence the way they are motivated and encouraged to integrate the soft skills (Minarni et al., 2018; Subramaniam, 2013). This is in line with social cognitive theorists' view that positive perceptions impact one's capacity to positively

influence how much much effort one puts in (Bandura, 1997; Darling-Hammond et al., 2002) and, consequently, the way one integrates soft skills. Furthermore, the beliefs that mathematics teachers hold cannot be separated from their knowledge and competency (Minarni et al., 2018). Hence, mathematics teachers' beliefs regarding soft skills integration in teaching and learning have a bearing on their ability to integrate these skills in mathematics.

6.2 Mathematics Teachers' Perceptions on the Importance of Soft Skills Integration in Mathematics Teaching and Learning

The study, furthermore, established what mathematics teachers' perceptions were regarding the importance of soft skills integration in mathematics teaching and learning. The results generated mean scores between $M \ge 4.37$ and $M \ge 4.49$. The high mean scores recorded suggest that mathematics teachers believed that integrating soft skills in mathematics was important. These results confirm the findings of Free (2017), who found that agricultural science teachers who took part in a study perceived soft skills to be very important ($M \ge 4.22$). Flores (2015) agrees that mathematics teachers' perceptions of the importance of integrating soft skills in mathematics teachers' perceptions of the thoughts and behaviors of the teachers. Minarni et al. (2018, p. 1) state that "mathematics teachers' beliefs guide them to determine the teaching practices considered correct". Thus, mathematics teachers' perception of the importance of soft skills integration.

6.3 Mathematics Teachers' Demographic Factors and their Perceptions on Soft Skills Integration in Mathematics Teaching and Learning

The study, furthermore, determined the relationships between demographic factors, such as gender, type of school, age, level of education, and experience, and mathematics teachers' perceptions on soft skills integration in mathematics teaching and learning. The independent t-test found no significant differences between male and female mathematics teachers' perceptions on soft skills integration. The results are similar to that of Emmanuel and Frank (2020), who found no significant differences between male and female teachers' perceptions regarding soft skills integration. The one-way ANOVA test applied in this study revealed that the type of school where mathematics teachers were teaching, their ages, professional qualifications and experience, did not influence the perceptions of teachers on soft skills integration in teaching and learning mathematics in Zambian secondary schools. The results reveal that none of the demographic factors considered by the study influenced the perceptions teachers hold on soft skills integration in mathematics teaching and learning in Zambian secondary schools.

7. Conclusion

The study concludes that mathematics teachers in Zambian secondary schools had positive perceptions of soft skills integration in mathematics teaching and learning – teachers believed that integrating soft skills in mathematics teaching and learning was important. Furthermore, the results reveal that gender, the type of school where mathematics teachers were teaching, age, level of education and experience did not influence teachers' perceptions of soft skills integration in teaching and learning mathematics in Zambian secondary schools. Thus, this study raises awareness of mathematics teachers' perceptions of soft skills integration and their beliefs regarding the importance of integrating soft skills in mathematics teaching and learning.

8. Recommendation

The researchers recommend that further research is conducted to establish how well mathematics teachers at secondary schools in Zambia integrate soft skills in mathematics teaching and learning, since the instruments used by this study do not indicate how well soft skills are actually integrated.

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9. References

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10. Appendix 1

Part 3: Teachers' perceptions and their instructional practices on the integration of soft skills in mathematics at secondary school

INSTRUCTIONS:

Put a Tick ($\sqrt{}$) in the appropriate box that suits your response to the given statement where

SD (Strongly Disagree), D) (Disagree) , L	J (Uncertain),	A (Agree), and SA (Strongly	
Agree).				

SN	Statements	SD	D	U	Α	SA
1	Facilitating class discussions allows soft skills integration					
2	It is a teacher's role to support students' growth in collaborative skills					
3	Providing students with problem solving situations to investigate in small groups enhances collaborative skills					
4	Using cooperative learning approaches is key in developing soft skills					
5	Mathematics supports students' growth in critical thinking/problem solving					
6	Mathematics content must be presented in the correct sequence					
7	Students learn actively through finding solutions independently of mathematical problems provided by teachers					
8	Mathematics involves problem solving, figuring out relationships, and patterns					
9	Teachers facilitate students' communication in Mathematics					
10	Learning is enhanced when students explain and demonstrate their solutions to others					
11	Using media supports teaching and learning of Mathematics					
12	Teachers support students' growth in communication skills					
13	Mathematics involves creativity and new ideas that can be tried independently					
14	Students should be given the opportunity to think independently about Mathematics problems before the teacher shows how to solve them					
15	Mathematics teaching should assist students to develop an attitude of inquiry (asking questions, being curious about solutions)					
16	Teachers support students' growth in creative and innovative skills					
17	Mathematical content is best presented in an expository style: demonstrating, explaining, and describing concepts					

	and skills,			
18	Teachers can integrate soft skills in Mathematics using Problem-Based Learning			
19	Teachers should determine the soft skills needs of their			
1)	students			
20	Incorporating inquiry-based learning allows soft skills			
	integration			
21	Teachers can assess students' growth in collaborative skills			
22	Teachers can assess students' growth in critical thinking/			
	problem solving			
23	Teachers can assess students' growth in creative and			
	innovative skills			
24	Teachers can assess students' growth in communication			
	skills			

11. Appendix 2

This section appeared in a conceptual understanding and was used to establish how mathematics teachers perceived the importance of communication, collaboration, critical thinking/problem solving, creativity and innovations.

In your opinion, how important are the following in learning Mathematics.

Please CIRCLE the number that corresponds with your opinion on the importance of:

a. the students' ability to work effectively in groups/in pairs/ or as a whole class in order to achieve group goals in a Mathematics lesson.[collaboration]

Not important Extremely important

- 2 3 4 5 1
- b. the students' ability to find effective solutions to problems using different approaches to arrive at the correct solutions to a mathematical problem. [critical thinking/problem solving] Extremely important

Not important

1

2 3 4 5

c. the students' ability to present mathematical concepts in written or verbal form to a group, class, or in speaking to peers.[communication] Extremely important Not important

1 2 3 4 5

d. the students' ability to initiate mathematical ideas and concepts that translate into new knowledge and/or ideas.[creativity and innovation] Extremely important Not important

1 2 5 3 4